

# Off-Campus Health & Wellness Resources



Ursuline 

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# Health and wellness are important to us at Ursuline College. The following is a list of community resources to meet your health and wellness needs.

- Ursuline does not endorse any one of these resources
- The College does not provide transportation to or from medical facilities
- For further information and additional resources visit the Cuyahoga County Office of Human Services at [www.resource.cuyahogacounty.us](http://www.resource.cuyahogacounty.us)

## **Hillcrest Hospital** 2.85 mi

6780 Mayfield Rd  
Mayfield Heights, OH 44124  
440.312.4500  
[www.hillcresthospital.org](http://www.hillcresthospital.org)

## **Family Urgent Care Center** 3.10 mi

5195 Mayfield Rd Suite 101  
Cleveland, OH 44124  
440.442.0400

## **Chagrin Highlands Urgent Care** 4.82 mi

3909 Orange Place Suite 101  
Orange Village, OH 44122  
216.896.1800

## **The Free Clinic** 9.80 mi

12201 Euclid Ave  
Cleveland, OH 44106  
216.721.4010  
[www.thefreeclinic.org](http://www.thefreeclinic.org)

- Dental Clinic
- HIV/AIDS Services
- Mental Health Services Treatment
- Substance Abuse
- All services, necessary tests and medications are free

**Laurelwood Hospital** 8.38 mi

35900 Euclid Ave

Willoughby, OH 44094

440.953.3000

[www.windsorlaurelwood.com](http://www.windsorlaurelwood.com)

- Provides Behavioral Health & Addiction Recovery Services

**Recovery Resources** 21.78 mi

3950 Chester Ave

Cleveland, OH 44114

216.431.4131

[www.recres.org](http://www.recres.org)

- Helps people recover from mental illness, alcoholism, drug and other addictions

**Cleveland Rape Crisis Center** 21.93 mi

526 Superior Ave #1400

Cleveland, OH 44114

216.619.6194

[www.clevelandrapecrisis.org](http://www.clevelandrapecrisis.org)

- Offers direct services to anyone seeking to heal from sexual violence
- 24 hour anonymous hotline 216.619.6192

**Mobile Crisis Team**

216.623.6888

- 24/7 Hotline and Psychological Crisis Outreach
- Helps individuals in a psychiatric crisis to manage their mental health symptoms and insure their safety
- Provides crisis assessment and intervention

**Metro Hospital** 20.30 mi

2500 Metro-Health Dr

Cleveland, OH 44109

216.778.7800

[www.metrohealth.org](http://www.metrohealth.org)

- MetroHealth treats all patients regardless of ability to pay

## **Chagrin Counseling Associates & Eating Recovery** 2.87 mi

29325 Chagrin Blvd Suite 102

Pepper Pike, OH 44122

216.360.4606

[www.chagrincounseling.com](http://www.chagrincounseling.com)

- General Counseling
  - Depression/Anxiety
  - Challenging Life Events
  - Addiction
  - Self-Mutilation
- Eating Disorders

## **Cuyahoga County Board of Health**

Various Cleveland Locations

216.201.2041

[www.ccbh.net](http://www.ccbh.net)

- Dental OPTIONS (Ohio Partnership to Improve Oral Health through access to Needed Services)

888.765.6789

- Links those in need of non-emergency, non-cosmetic dental care with volunteer dentists to treat pre-approved clients at a discounted price

## **Cuyahoga County Women Infants and Children (WIC)**

Various Cleveland Locations, part of MetroHealth System

216.961.2233

- WIC is a federally funded food supplement and nutrition education program. It serves pregnant and breast-feeding women, infants and children up to the age of five who are at risk due to inadequate nutrition.

## **Buckeye Women's Health**

Part of MetroHealth System

216.957.4150

[www.metrohealth.com](http://www.metrohealth.com)

- Prenatal and postpartal care
- Family Planning
- Gynecology Services
- Nutrition Counseling