

Counseling and Art Therapy Scholarship  
Sarah Scherer Memorial Fund  
Fall 2025

*Scholarship postponed. Signature Health to advise if a new student opening is available in Summer 2026.*

This scholarship was established in honor of Sarah Scherer, a student who died in a tragic accident while on vacation in Italy in the fall of 2007. Sarah was completing an internship at Signature Health, a community mental health agency where she also worked. Sarah's creativity, compassion, and wisdom were an inspiration to both her clients and fellow students. The recipient will receive a \$2,000.00 scholarship and complete a paid internship at Signature Health.

To be considered for this scholarship students must:

- Be enrolled as a regular student in the Counseling and Art Therapy Program
- Complete a Free Application for Federal Student Aid (FASFA). A FASFA is required to be on file in the financial aid office to provide information related to financial need.
- Submit the Sarah Scherer Scholarship Application form and attending documents. **Applications due on Friday, January 30, 2026, 5:00 p.m.** Incomplete or late applications will not be considered. Please submit them to Pat Janosko in the Counseling and Art Therapy Department, Secretarial Area 240B, Parker Hannifin Bldg., [pjanosko@ursuline.edu](mailto:pjanosko@ursuline.edu) on behalf of Dr. Areka Foster, CAT Department Clinical Director and Instructor.

Please Note: Student will have completed CAT 546 Clinical Orientation I, CAT 547 Clinical Orientation II, CAT 519/519S Psychopathology and Diagnoses/Seminar, and CAT 520 Assessment by the time the placement begins in summer 2026.

Grade point average and performance in previous clinical and internship placements will be taken into consideration when awarding this scholarship.

Applications will be reviewed by the Counseling and Art Therapy Department Clinical Director and Program Director, with input solicited from other faculty members and clinical or internship supervisors, if applicable. Selected candidates will then be recommended for interviews with personnel from Signature Health.

The final recipient will be determined by consensus with Signature Health personnel, the Counseling and Art Therapy Program Director and the Clinical Director.

**\*\*The intern will begin in Summer 2026. The chosen applicant will receive a \$2,000 award as well as a paid internship and must commit to a year of service.** The scholarship is only awarded one time per year.

**\*\*Important note:** Applications will be collected during the spring 2026 semester for summer 2026 placement.

**Sarah Scherer Memorial Scholarship Application Form**  
**Fall 2025**

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email: \_\_\_\_\_

Current Employment: \_\_\_\_\_

*Please submit the following documents with this application form to Pat Janosko, Counseling and Art Therapy Department, Secretarial Area 240B, Parker Hannifin Bldg., [pjanosko@ursuline.edu](mailto:pjanosko@ursuline.edu) on behalf of Dr. Areka Foster, CAT Department Clinical Director and Instructor.*

1. Respond to the mission and value statement of Signature Health. Describe how you would embody the mission in your work. (Please see statement provided below.)
2. Explain your financial need for assistance.
3. Complete an image that conveys your concept of the therapeutic relationship. Provide a written explanation of your concept and the image.
4. Submit a brief, 1-2-page reflection on your path to becoming an art therapist and counselor.
5. Submit a one-page resume.

**Signature Health Mission Statement**

We at Signature Health, Inc. believe that the integration of physical health and mental health is better care with better outcomes that also lowers the total cost of health care. Our mission is to put good health within reach of all our community members through comprehensive mental health, medical, and support services essential for optimizing the well-being of mind and body.

**Signature Health Values Statement**

**People First**

We honor our patients and colleagues by seeking to know them as individuals and treating them with kindness, dignity, and respect.

**Striving for Excellence**

We take full ownership and pride in our work by approaching it thoughtfully, executing with diligence, and continuously improving our skills.

**Can Do**

We roll up our sleeves, persist, and innovate together in response to opportunities and challenges.