Ursuline
COLLEGE CAMPUS
GANNON UNIVERSITY



Instructional Delivery Services

Enhancing Professional Mindset Certificate

Course Descriptions

EDI 541 Mindset, Brain and Education

The primary purpose of this course is to examine best practices of brain-based teaching and learning to increase student achievement. The concept of Mindset will be explored and its impact on teaching and learning. Participants will learn about the impact of designated study skills on learning.

EDI 543 Educator Journaling

Candidates will learn to use analytical practices to critically review and identify areas of professional interest, development, and self-discovery. The course will give participants the chance to engage in authentic self-discovery and review that will support a more positive and balanced teaching experience.

EDI 545 Educator Wellness

Candidates will learn to use analytical practices to critically review, and critique data analysts have collected and studied regarding workplace stress. The course will provide participants with the knowledge and skills needed to understand and support a healthier lifestyle that includes both professional responsibilities and personal choices. Contents that will be covered include: burnout and turnover, the link between wellness and performance, and effects of stress on the heart, brain, weight, and relationships. Participants will learn what the data says about the current teaching force in America regarding stress, red flags and warning signs, and resources and strategies to experience a healthier state of existence in the workplace. The course will provide educational professionals with the knowledge and skills needed to support individual and/or school wide wellness initiatives and best practices for preventing deteriorating health conditions.



Contact Us

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